

**TOWN OF GRANBY  
COMMISSION ON AGING  
SENIOR CENTER/YOUTH SERVICES BUILDING  
September 14, 2015**

**PRESENT:** Dr. Peter Barwick, Karen Hood, Lynne DeMatteo, Mike Ortengren, Patty Sansone, Bruce Sullivan; Staff Present: Marissa DeLuca, Sandra Yost

Dr. Barwick confirmed a quorum and began the meeting at 1:32 p.m.

Ms. Yost introduced the new Senior Center Program Assistant, Marissa DeLuca.

**APPROVAL OF MINUTES OF 6/8/15:**

**ON A MOTION BY** Bruce Sullivan, seconded by Dr. Barwick, the Commission voted (6-0-0) to approve the minutes of June 8, 2015 as written.

**VOLUNTEER OF THE MONTH**

- June: Duncan Rowles for his assistance with the durable medical goods closet.
- July: Peg Giles for providing floral arrangements for Kerry's retirement party.
- August: Shirley Warn for her weekly assistance entering the van data into the database.

**ACTIVITIES COMMITTEE REPORT**

**a. Sandy Yost, Program Coordinator.**

- The Senior Center was unanimously granted full accreditation for another five years.
- The second installment of 'A Matter of Balance' will begin in October.
- Ask the Alzheimer's Expert will be held once a month.
- Tara's Memory Café will be held twice a month and is for those individuals in the early stages of Alzheimer's and their caregivers. One meeting will be at the senior center and the second will be a 'field trip'. The first meeting will be this Thursday and the topic is Laughter for the Health of It.

**b. Senior Club**

- The checkbook balance is currently \$9,576.51 and there are 25 members.
- The amaryllis bulbs will be sold again this year. Commission members are encouraged to help with sales.

## **DIRECTOR'S REPORT**

- The new van driver, Cindy Girolamo, started in July.
- The NCAAA grant supports the healthy minds program, the grandparent support group and the civic engagement team.
- The civic engagement team "Lunch for the Mind" program's first meeting will be on the people of Japan. The team is also looking into the possibility of another program similar to a handyman service. It would be for small projects, i.e. leaf raking, removing air conditioners, etc.

## **TRANSPORTATION REPORT**

- In July, 395 rides were provided and there were 45 unduplicated riders. In August, 451 riders were provided with 61 riders. These numbers are down slightly from the same period last year, which may be a result of the change in staff, but these numbers are expected to rise.

## **OLD BUSINESS**

### **a. Strategic Plan**

Dr. Barwick spoke to Nancy Sheetz, VNA Director, about joining the Commission. Because she lives in Simsbury, she would be an ex officio member and this would need to be done through an ordinance change. Dr. Barwick will invite her to the next meeting.

Presently, there isn't a limit to the number of terms an individual can serve on the Commission. If it is decided to put term limits into place, this also would need to be done through an ordinance change. **ON A MOTION** by Bruce Sullivan, seconded by Patty Sansone, the Commission voted (6-0-0) to consider the concept of term limits for Commission on Aging members. This will be discussed at next month's meeting and the by-laws will be reviewed to help with this discussion.

In looking at moving forward, it was agreed that adult day care is needed. For the senior center, this would be a social model, not a medical model. With the possibility of Kearns School closing next year, this would be an ideal space. If the Commission decides to move forward and present this suggestion to the Town, a well-researched presentation would be necessary, i.e. cost, sustainability, etc.

## **NEW BUSINESS**

- Because the Columbus Day holiday is the second Monday of next month, Karen Hood inquired as to the date of the next meeting. The next scheduled meeting is Tuesday, October 13<sup>th</sup> at 1:30 p.m.

- Pickle ball was held on Friday with only six people in attendance. The cost for a net and four paddles is \$160. A place to set it up and interest would be needed to move forward.
- At the senior men's breakfast the topic of holding movies at the senior center was brought up. This is offered at East Granby Library and it is very popular. This had been offered in the past and although there was not a lot of interest, it could be looked at again.

**ON A MOTION BY** Bruce Sullivan, seconded by Dr. Barwick, the commission voted (6-0-0) to adjourn at 2:32 p.m.

Respectfully submitted,

Kathy Kane  
Recording Secretary